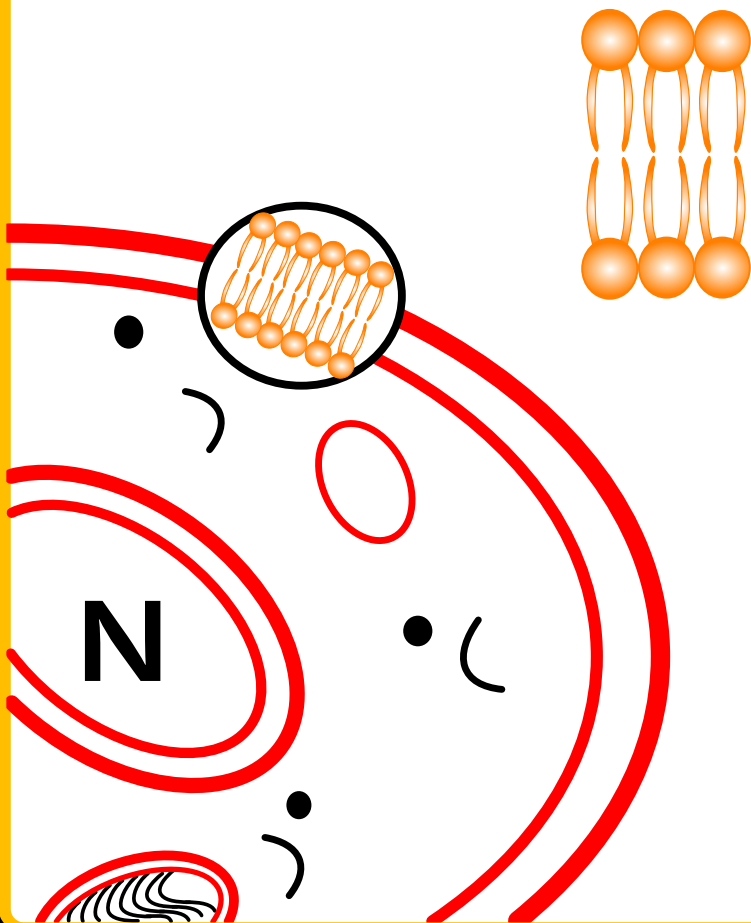


# Wellness

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## Essential Fatty Acids



# THREE MAIN CONCERNS

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## PROBLEM

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## WHY

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- |   |   |
|---|---|
| 1 SOIL & FOOD<br>MINERAL/VITAMIN DEPLETED                   | ▶ LACK OF CROP ROTATION<br>▶ 7TH YEAR (FALLOW) REGULATE     |
| 2 TOO MANY TRANS-FATS<br>TOO LITTLE GOOD FATS - EFA's       | ▶ PROCESSED AND HYDROGENATED OILS<br>▶ SHORT SHELF LIFE     |
| 3 TOXIC WORLD - FOOD, WATER, AIR<br><br>TOXIC RELATIONSHIPS | ▶ CHEMICALS AND CARCINOGENS<br>CAUSE CANCER<br><br>▶ STRESS |

## SOLUTIONS !

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- 1 LIFE INSURANCE - MULTI-VITAMIN/MINERAL COMPLEX  
BEST VALUE - PATENTED FRUCTOSE COMPOUNDED MINERALS  
VITALITY PAK FROM MELALEUCA  
STOP EATING TRANS-FATS AND PROCESSED OILS
- 2 EAT ESSENTIAL FATTY ACIDS AND DERIVATIVES  
EFAMOL EPO ( $\Omega$  6)  
EPA/DHA FISH OIL                      WINTER >      COD LIVER OIL ( $\Omega$  3)  
  
SUMMER > SKIN FISH OIL ( $\Omega$  3)
- 3 STOP USING CANCER CAUSING TOXIC SUBSTANCES AND REDUCE  
FREE RADICAL DAMAGE  
RID THE HOME OF CHLORINE BLEACH, FORMALDEHYDE, PESTICIDES, PHENOLS, PCBs,  
DIOXINS, ETC.... (LAUNDRY AND CLEANING PRODUCTS)  
INCREASE FLAVONOID INTAKE I.E. FRUITS AND VEGETABLES - PROVEX CV MELALEUCA

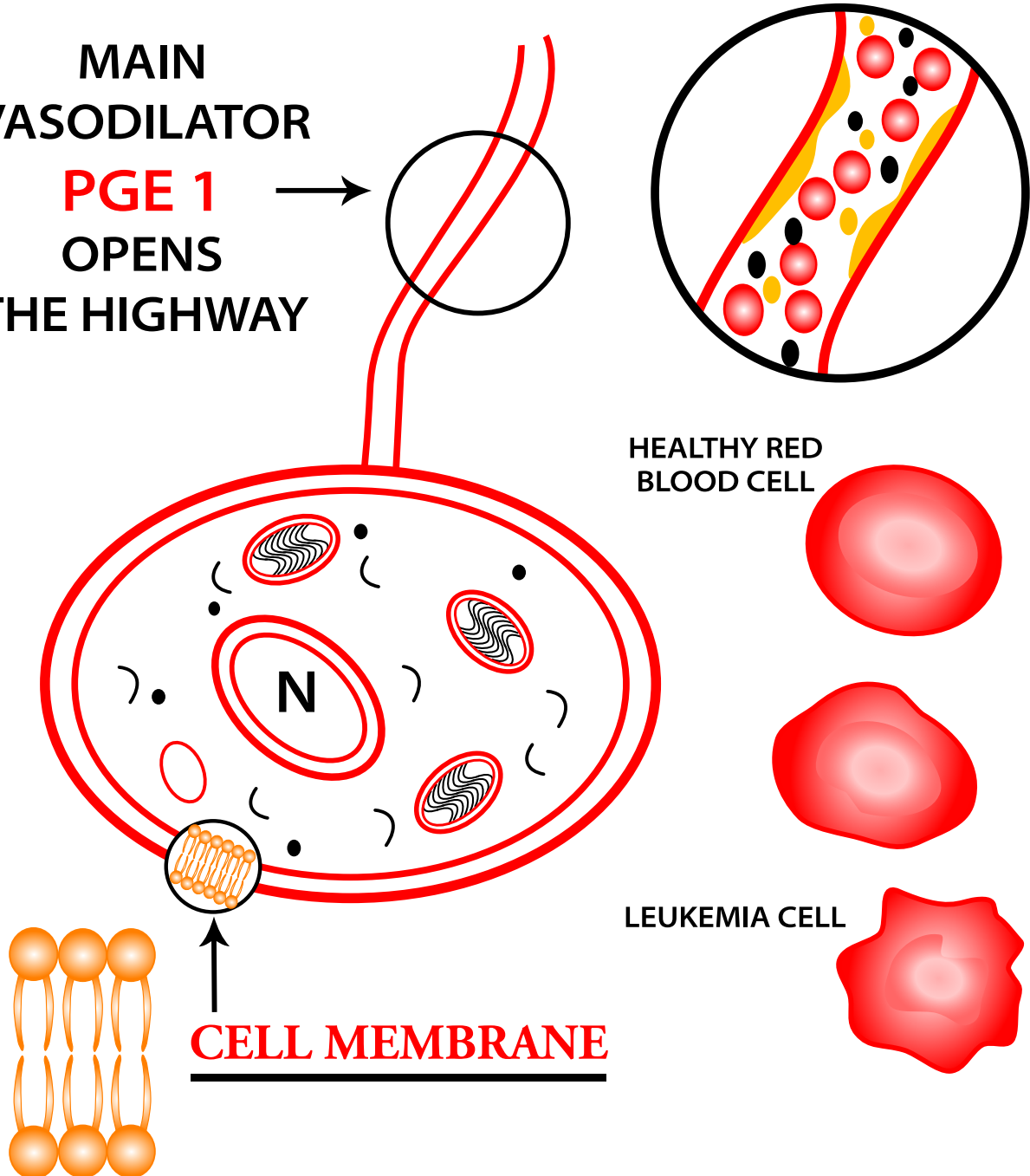
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**INCREASED RATE OF REPAIR IS GREATER THAN RATE OF DESTRUCTION  
= REVERSING THE DISEASE PROCESS**

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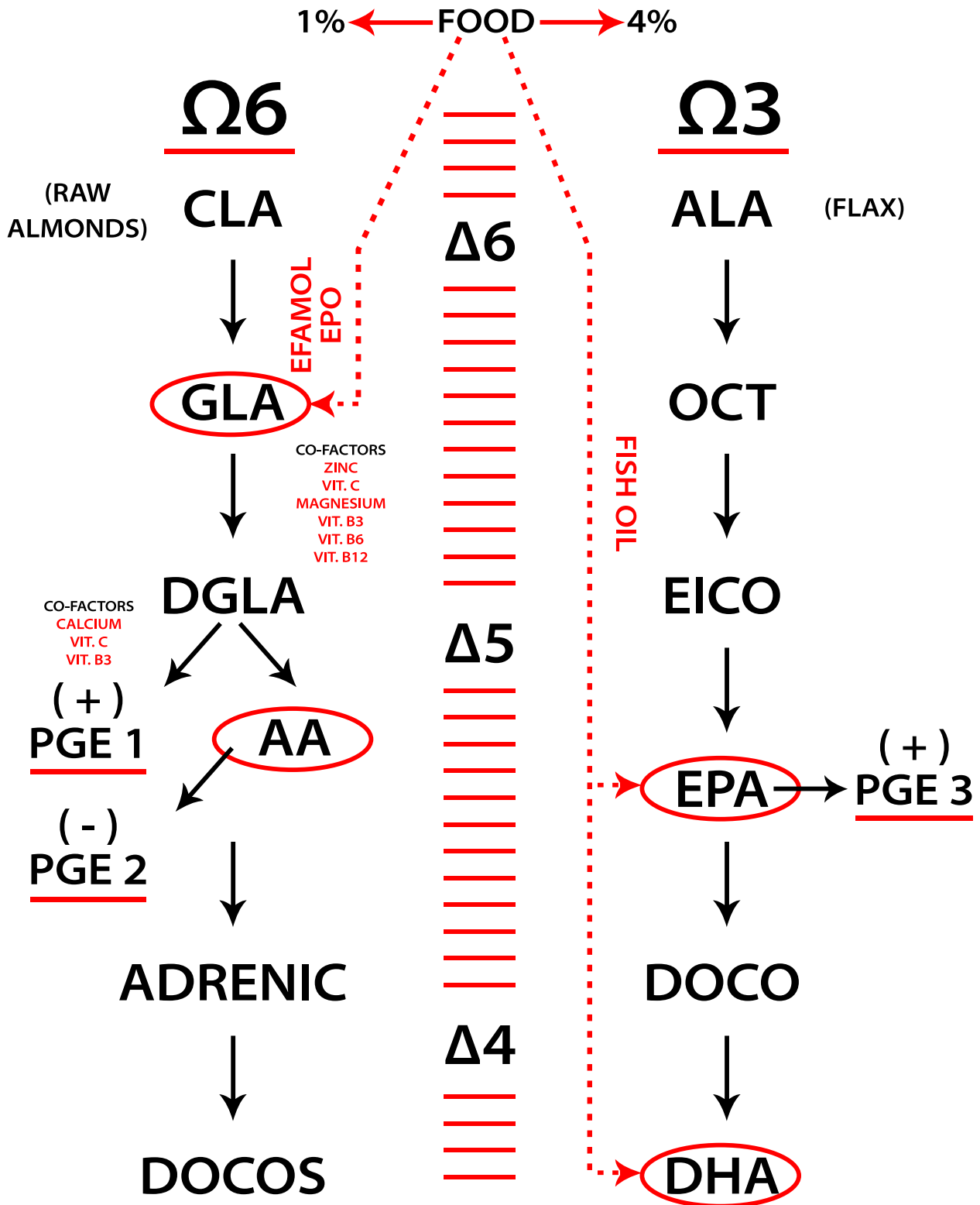
# TRANSPORT SYSTEM

MAIN  
VASODILATOR  
**PGE 1**  
OPENS  
THE HIGHWAY



- 1) CELL MEMBRANE INTEGRITY (SKIN, HAIR, NAILS, ETC...)
- 2) BALANCE EICOSANOIDS (ALL CELLULAR FUNCTIONS)

# EFA METABOLISM



## KEY BALANCE

2 PARTS GLA (Ω6) to 1 PART EPA (Ω3)

3 EFAMOL (Ω6) to 1 Fish Oil (Ω3)

3,000 mg (Ω6) to 1,000 mg (Ω3)